

Notes From
A Path To Self-Realization

by Ivan W. Stein

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Author Biography



Ivan "Evon" Stein is a successful entrepreneur, writer, and speaker whose motivations have evolved through the fields of science and business to those of personal transformation and global sustainability. Recognized as a self-starter and natural leader, Ivan started his first business at the age of eighteen with his career encompassing direct management roles in twelve start-up companies.

In addition to his entrepreneurial endeavors and creativity in business, Ivan is a prolific writer, lecturer, and motivator in the areas of self-empowerment, personal transformation, global awareness, and sustainability. His devotion to helping others is evident through his [various organizations](#), [websites](#), [books](#), [DVD's and videos](#), ["Realms of Reality" radio show](#), spiritual workshops entitled ["A Path To Self-Realization"](#), and [other documentary and media endeavors](#) (see Ivan's [Body of Work](#)). Ivan is also founder of several organizations that focus on raising global awareness and is responsible for writing hundreds of pages of content for his websites and book projects.

Ivan started on the road to responsibility while growing up on a dairy farm in central Wisconsin. The duties of life on the farm instilled character traits that have helped Ivan deal with and overcome challenges throughout his entire life. Besides developing solid work ethics and a glimpse of what it means to harmonize with nature, Ivan gained an understanding of agriculture, animal husbandry and food production. Life in the small town rural environment also instilled a sense of cooperation and community which has served Ivan throughout his business and personal life.

Ivan achieved a Bachelor of Science degree in Electrical Engineering and Computer Science from the University of Connecticut in 1984. His 25 years in the field of technology includes designing integrated circuits for aerospace, cutting edge electronic devices; industrial automation, and computer consulting. Ivan is known as an innovator and inventor with patents in the field of electronics and pre-natal education devices. Besides a long and successful career in business, Ivan has built two homes and has owned and managed commercial real estate.

In the early 90's, Ivan began a journey on the road to spiritual discovery and shortly thereafter, he quit his job and started meditating for up to 10 hours a day. Over the next few years, Ivan's spiritual practices transformed his perspectives of life, the nature of reality and his purpose which became the motivation and inspiration of his future endeavors. Just as he was considering a move to Tibet to live in a Buddhist Monastery, he was shown, through meditation that his path was to return and remain in society. He soon found that people were interested in his message and sought him out as a spiritual mentor, adviser, and teacher. His dedication to service-to-others launched him into a variety of new projects that focus on developing tools that elevate global awareness.

Between 2007 and 2008, Ivan liquidated his real estate holdings and business interests in order to devote his full attention to his interests in the fields of personal growth, sustainability, community and global transformation. Since 2008, Ivan has aligned himself with these interest as founder of [Foundation For Sustainable Living](#), [Alkaline For Optimal Health](#), [Project TriStar](#), [Timeline To The Future](#), [TriStar Media Group](#), [Realms of Reality Radio](#), and a [Sustainable Reality TV Show](#); organizations created to help humanity transition through these times of conscious, physical, and material transformation (see Ivan's [Projects](#)).

Contact Information

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Workshop 1: Positive Manifestation

Energy

$$E = mc^2$$

From Einstein's equation on energy, it can be seen that all mass consists of energy. All mass contain a history from it's inception which can be in the form of information, memory, purpose or thought. All information has polarity which can be of positive or negative nature. Long durations of negative exposure or programming can lead to physical illness.

Harmonization and manifestation

Learning to harmonize within yourself and with other people is important for successful positive manifestation.

Meta-physics is the study of all things that can not be explained by physics. The meta-physical formula for your power of manifestation of an individual or group is N^2 with N being the number of people in harmony.

$$N=1 \quad N^2=1$$

$$N=2 \quad N^2=4$$

$$N=4 \quad N^2=16$$

$$N=10 \quad N^2=100$$

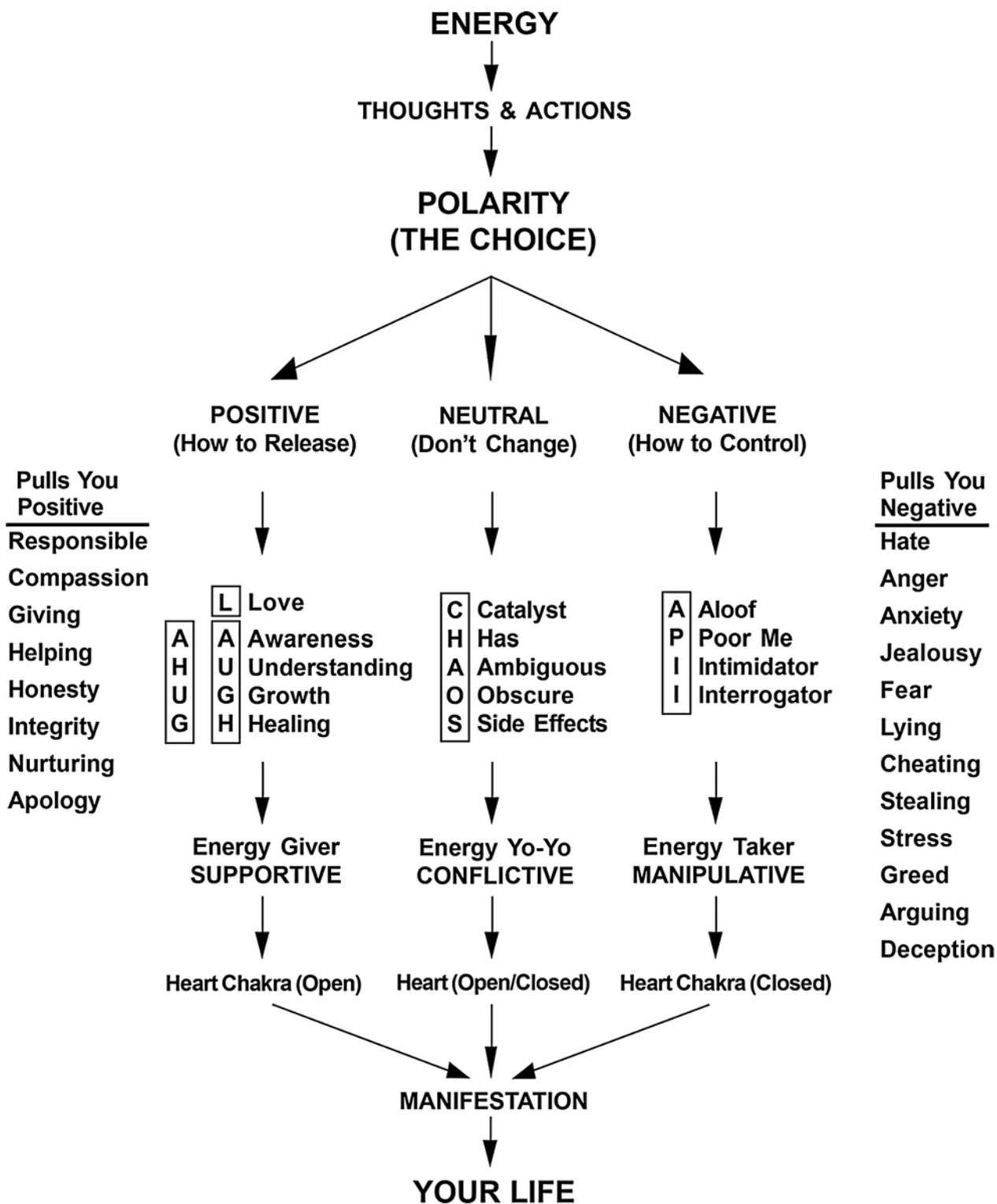
If you are not in harmony with yourself (which most people are not) your power to manifest is diminished.

$$N=0.5 \quad N^2=0.25$$

Being in harmony with yourself means healing your past and any issues you have related to self-destruction, self-esteem and self-love.

In order to be in true harmony with another person you have to release all your fears of this person reading any of your thoughts. This implies no judgment or any other form of blockage. In such a relationship, N equals 2.

Manifestation Chart



Everything we experience in life can be traced back to energy. We are programming this energy with our thoughts and actions. These thoughts and actions can be either conscious (aware that we are having the thought) or unconscious (unaware). When thoughts are conscious, we have a choice on their polarity and any words and actions that may result. They can be programmed positive, negative or neutral. You can be successful and achieve what you want on the positive as well as on the negative path. The neutral path is a path where you ignore the opportunity to choose and do not pay conscious attention to your thoughts, words, or actions.

The negative path

The negative path is about "service to self". It is all about controlling others through the use of control dramas. This path is all about holding on tight to what you are attached too.

In order to master the negative path you must master one or more of the following 4 control dramas:

- Aloof** - withdraw from conversations with other people
- Poor Me** - constant complaining and wallowing in self-pity
- Intimidator** - making other people feel badly about them
- Interrogator** - asking questions, which upset other people

(These will be explained in more detail in Workshop #2)

The negative path is about "service-to-self". From an energetic point of view, people on the negative path are energy takers. They feed off other people's life energy and they manipulate them so they give their energy away. Many people on the negative path are unaware of any these mechanisms. The mechanisms are being used, for the most part, unconsciously. Once you became aware of the control dramas you can use them much more efficiently on others. Controlling people always need to have other people around them, because if they are alone they have nobody to draw energy from. On this path there is always a win-lose relationship, because one person is being manipulated to give energy to another person.

Feelings, traits or actions associated with the negative path and the use of control dramas include: Hate, anger, anxiety, jealousy, fear, lying, cheating, stealing, stress, greed, arguing, deception, and competition.

The positive path

The positive path is about "service-to-others". It is all about releasing, giving and being supportive and the exact opposite to holding on and taking from others. Giving particularly relates to energy because if you are on this path you know that you can draw all energy you need from a divine source and can share it freely with other people. Drawing energy from the divine requires that you learn how to balance yourself which opens your chakras and allows you to draw energy through them whenever you need it.

You also learn to live your life in a way that relies on the universe as a positive feedback mechanism that provides you with exactly what you express and transmit into the universe from your thoughts, words and actions. On this path, every relationship results in a win-win. What is important about the positive path is that it requires wisdom. If you are lacking wisdom, you will not be aware of manipulation by people who are on the negative path and they will derail you from your positive path.

The 5 key aspects of the positive path are:

Love - being loving and kind to yourself and others

Awareness - being conscious about your thoughts, words and actions

Understanding – learning about yourself through your experiences

Growth - is one result of love, awareness and understanding

Healing - is another result of love, awareness and understanding

Feelings, traits or actions associated with the positive path: Compassion, giving, helping, responsibility, honesty, integrity

The neutral path

The vast majority of the population is neither on the positive or the negative path because they are unaware of their ability to choose and become an active creator of their life experiences. They neither give or take energy consistently and often become trapped in their inability to move more positive or negative. The motto for the neutral path is "Catalyst has ambiguous and obscure side effects" which means that you are consistently manifest sometimes positive and negative and often simultaneously. On this path, your manifestations often have unintended side effects because your thought, words and actions are not specifically positive or negative, but a mixture of both.

Energy-wise, someone living in the "neutral zone" will be an energy yo-yo because you constantly switch between giving and taking energy. This also creates a conflictive state of consciousness where you experience chaos regularly in some part of your life.

Changes to your life

Becoming aware of your ability to choose and make “the Choice” for either the positive or the negative path will trigger immediate changes in your life. Events and people that match your new path will enter your life while people and events which don't match your path will move out of your life. Once you make a conscious commitment to polarize your path, you will begin to see how all experiences in your life provide you with the opportunity to learn, maintain and grow to higher levels. If you are aware of these clues, you can find patterns that reflect recurring themes and manifestations.

One aspect to becoming more aware of your thoughts, words, and actions is your dreams. Your dreams will support your choice or polarity by showing you unresolved issues from your past that you are not able to see when you are awake and which also require healing.

Workshop 2: Breaking Control Dramas

We are all taught about control dramas subconsciously throughout our childhood by observing other people's behavior. All control dramas are about taking energy. For many people, control dramas are the only way they know to maintain their life force. Any participation in control dramas will pull you towards negative polarity. Control dramas can be initiated through any form of thoughts, words, and actions.

There are only 4 control dramas and their relationship and dualistic attraction to one another.

Intimidator ⇔ Poor Me
Interrogator ⇔ Aloof

The counterpart to Intimidator is Poor Me. The counterpart to Interrogator is Aloof.

Defining the roles of control dramas

Intimidator: Any kind of abuse (verbal or physical), can involve gestures, glares or body language. Anybody that is yelling, screaming or arguing is trying to intimidate.

Poor Me: Depression, crying, whining. Extreme cases when someone is always complains about their life, never happy, or has an ailment and has to talk about it all the time to make themselves feel comfortable (in order to draw energy from other people - through sympathy)

Interrogator: Asking questions to reveal something personal that can be used to manipulate or control you in the moment or at some time in the future

Aloof: Someone who is shy, excessively quiet and does not like to answer questions

Control dramas exist in any relationship where the involved parties do not see eye-to-eye or when there exists attachment or codependency.

Control dramas can be voluntary and involuntary

Voluntary control dramas are those that you can choose not to play such as lying and deception for self-interest, self-empowerment and greed. These are voluntary because people could stop using them at any time but they are they are making a conscious or unconscious choice to manipulate others for an agenda.

Involuntary control dramas are used by a person are in position of authority and responsible for the actions of others. These exist on all levels from parents to corporations and governments. The control can come in the form of threats to induce fear. They are often used because a person is not acting responsibly.

Here is an area where the universal law of attraction is very easily seen in action. When someone is unable to take responsibility for their energy and actions, the universe manifests a person or organization to manage it for them. This is reflected through the controls of parenting, business management, police, military, etc.

Children and control dramas

Children learn control dramas from an early age. It starts by something very natural. If the child has an unmet need, the only way they can communicate is through crying. Through crying, the child learns that the role of the intimidator works perfectly as it results in someone coming to help them. When looking at the control dramas of older children it has been discovered that the control drama they master best is the same control drama of the parent they are closer to. The child becomes unconsciously programmed to repeat the patterns of this parent.

Control dramas are reinforced through the education system which is built on the principle of competition. Many boys are brought up to be aggressive, not to show fears, to be stronger than the other kids and to win. Particularly sports are a good training in this case because you can beat others and you can feel good about it because you are subconsciously feeding off the energy of those you have defeated.

This continues into the teenage years. Children who are popular quickly figure out they can manipulate their peers by playing control dramas on them to harness their energy. Without any understanding about control dramas there is no way to reverse this cycle until someone becomes mature and aware enough to realize their habitual patterns are not producing the desired results.

How to break out of the cycle of control dramas?

The two key aspects of breaking control dramas are awareness and understanding. You can only break a control drama if you are aware of it and if you understand which control drama you are experiencing, what level you are involved and who initiated the control drama.

Once you have awareness and understanding, all you need to do is manage your own energy. Methods how to do this are: Centering, breathing tools, release exercises and finding peace within yourself. Managing to remain at peace within can be achieved by letting go of emotional attachments to trigger words and the actions of others. It is key to be aware that the person trying to involve you in a control drama wants you to be emotionally attached so they can manipulate your consciousness and harvest your energy.

The most frequent start of a control drama involves wanting to prove somebody else wrong and the only way to avoid it is by developing enough self-confidence that you don't feel the need to defend your position or prove another person is wrong. This means to simply accept that every person has a right to a different view on any topic.

The most effective measure to avoid getting pulled into a control drama is not to play the game and simply stop reacting to attempts to get you involved in a control drama. It is all about stopping the process of being reactive and to develop the ability to act consciously instead of react unconsciously. If the initiator of the control drama realizes they are not successful at receiving your energy, they might elevate the control drama. This can be accomplished by using a more aggressive form of the same control drama (e.g. yelling or becoming more physical) or to switch control dramas (e.g. switching from Intimidator to Poor Me). Another possibility is that - on a subconscious level - the person attempting to gain control realizes they are expending more energy to maintain the control drama than they are getting back from it and they simply stop the control drama and give up

The more success you have with breaking control dramas, the more people around you will realize they can no longer use them on you. This can result in a combination of outcomes. A person may change their personality when they are in your presence. They may choose not to communicate with you, but rather still attempt to control you through other people. They may choose to leave your circle and find other people who they can control more easily. If you maintain and evolve your ability to break these dramas, eventually, you will find that all the controllers have left your life for easier targets

If you find yourself in a control drama and nothing you try seems to be working, you may have to say something in an attempt to diffuse the situation. Anytime

you speak in an attempt to break a control drama, your words should be spoken in a non-reactive, non-emotional and unattached manner. This means clam, clear and collected. One general phrase that meets these criteria is one "I hear and understand you". Although this phrase may diffuse a situation by showing that you acknowledge what another person is saying, it can also antagonize the situation by being labeled as patronizing.

For those who see an opportunity to use this knowledge of control dramas to improve their controlling nature should take note that "everything you attempt to control will end up controlling you". You will see this rule applies for any relationship in life (family, money, relationships, etc.) if you are able to view the relationship from an unattached perspective.

Controlling others also includes attempts to force knowledge onto others in an attempt to help them, solve their problems and even protect them. Everyone is supposed to be learning how to improve themselves and it is not our responsibility to change other people unless they might be our own children.

The best way to help others is to might point out how they might perceive their situation differently, what options they might consider and the possible consequences these options might have. Anytime you make decisions for another person, you are taking their responsibility and lessons upon yourself and the other person no longer has the opportunity to do either.

The path of stepping back and not trying to control those around you is that path that honors the paths and growth of the other people. It is the path of allowing others to make the mistakes they were sent here to make and learn the lessons they still need to learn. It is about accepting that you might not fully understand which lessons a person wants or needs to learn from their experience. By taking responsibility for another persons' experience, you limit their growth, have initiated a control drama, and will manifest some negative consequences from your actions even though you might have never intended to do so.

The only way to move out of these control dramas is by raising your own consciousness, become aware of these dramas, stop participating in them and heal the issues that cause you to attract them. Once you have done this, the consciousness that you transmit to those around you and into the universe is one that reflects you no longer need to experience control dramas. By changing your patterns and habits of playing along in control dramas, you are also helping as they begin changing their behavior because they realize control dramas don't work on you anymore. This is one of the most powerful and rewarding forms of immediate response and gratification for the work you are doing on the positive path.

Workshop 3: Learning from Experiences

All experiences in life provide an opportunity to grow and learn something about ourselves. Our life and our reality is the ideal environment for achieving rapid growth. Through the law of attraction, our experiences reflect exactly what we need to learn in order to evolve beyond our current limitations. Personal growth and evolution requires an understanding of how and why we have attracted experiences, situations and events into life. This self-reflection allows us to understand the underlying reasons for our experiences. It is inevitable that we repeat the same experience again on a more elevated and stressful level until we are able to see it and resolve it.

The blocks to growth on the positive path are listed on the right hand side of the chart and include: fear, anxiety, anger, lying, stress, etc.

Blaming others for having been deceived by them

Once you understand that you manifest all circumstances and experiences in your life, you must also learn to take responsibility for all of your experiences. This includes those where you have allowed others to deceive you. Until you realize how to become consciously aware so that you are no longer deceived, you are a willing participant in the game of deception. The only way out is to gain more understanding and transcend the need for such experiences.

Honesty without wisdom is negative

Being brutally honest to another person can cause conscious or physical pain which is a control drama and can hinder their growth. Even though honesty is part of the positive path, honesty must be combined with wisdom in order to understand how much truth the other person can handle and put to use for their personal growth.

Expectation and anticipation

Having an expectation about a certain outcome leads you to predetermine the end result and then attempt to control experiences to achieve that result. Even if that is only through your thoughts it is still part of a control drama. In this case you are not only wasting your own energy but you are actually blocking your desired outcome from manifesting by the universal law of equal and opposite force. This law states that the more you push or pull, the more resistance you receive. Learning to control at higher levels and continually forcing can result

in achieving the expectation, however, the law of attraction will ultimately result in someone or something attempting to control you in a similar manner.

Polarity of needs, wants and desires

Proclaiming something as a “need” attaches an importance which often results in an attempt to control events to fulfill this need which pulls you towards the negative path. With a “desire”, there is no attachment or attempt to control and you are fine whether your desire is fulfilled or not. There is no expectation or resistance the outcome which pulls you towards the positive path. A “want” can be either positive or negative, depending on the object being wanted and the circumstances of the situation. You can determine the state of consciousness of a person by observing how they use those three terms. It is always easier to see certain aspects and flaws in other people than in ourselves. One reason for other people being in our life is because we need them as a reflection on ourselves to discover issues we still need to work on.

Subconscious and conscious mind

The Subconscious mind holds our pain, trauma, memory, knowledge, intent, instinct and experience. It is where our past programming is stored.

The conscious mind is where we reason, process, make decisions and choices in the present moment.

Any thoughts about events from the past are memories from the subconscious mind being passed to the conscious mind so we can work on them.

The conflict most people experience is that their conscious mind is on the positive path but their subconscious memories and programming have a lot of negativity that keeps bombarding the conscious until that negativity is healed and transformed. Transformation can only happen by understanding why you are storing and still attached to the experiences that are stored in your subconscious. The understanding is what leads to a new realization of yourself, growth and healing and resolves the stored negativity. Some people don't like to look at the negativity in their subconscious mind and unknowingly build a wall to shield themselves from it. From time-to-time, leaks appear in this wall giving us the opportunity to deal with the issue or simply plugging the wall again.

Breaking down this wall is a process that everybody should go through because avoiding it for your entire life can cause uncontrolled eruption of negative emotions, even emotional breakdowns, outbursts or even long-term mental illness.

Self-love and recognition

If you have not learned to love yourself you will keep looking for recognition from other people and your environment to fill this inner void. People who feel like they have not received recognition and acceptance from their parents tend to become over-achievers and even develop self-destructive behavior like becoming a workaholic.

Physical house cleaning

Everybody has memories attached to objects they have in their house. These memories can be thoughts and feelings related to the time when you received the object or the person gave it to you. Whenever you find yourself having negative thoughts about an object in your home, you are experiencing a form of control drama that will manifest more negativity. One option to consider is to get rid of the object and remove the negativity, otherwise it will constantly cause you manifest more negativity. This process can be especially healing if you do it regularly, however, you will feel a noticeable emotional shift whenever you do this type of house cleaning.

Limiting thoughts

Since you are what you think and you become what you are exposed to, it's important to choose your own thoughts wisely and pay attention to the way other people influence your thoughts. By accepting limiting thoughts of other people as truth, you are limiting yourself in what you can achieve and manifest in your own life.

All experiences are a reflection of what is going on inside of you

It's our consciousness and our entire energy that attracts events and circumstances into our life. If you experience something dramatic, you should ask yourself what you are doing that attracted that experience into your life. Usually this will lead you to a past, yet to be healed, experience that has some emotional trauma attached. The general rule is that everything you put out into the world comes back to you, but most of the time with such a large time delay that you may not see any connection between cause and effect. So every thought and every action matters even more if there is strong intent and emotion attached to the thought or the action.

Synchronicity

Synchronicities are events and circumstances that manifest and can be recognized in relationship to something else in your life. One example is when you meet people just when you needed them. Some people simply call these events a coincidence, luck or attach no importance to them. Once you develop a sense for synchronicities, you will find they all around you in every single moment and are one way the universe is helping you to learn how to see the path of least resistance. The tricky part is to make sure that what you have put out is in alignment with your intent. If not, synchronicities might open doors that cause you to become distracted or provide new lessons.

Distinguishing between emotions and intuition

Negative emotions like hate, anger and fear can block access to your intuition. If you have a vested interest to cause a particular outcome for an event you are relying on your emotions not on your intuition. Intuition is always clear and has no desired outcome. Emotions are reactions unless we gain an understanding of where they come from. Reactions attract more reactions just as clarity attracts more clarity.

Emotions are not good or bad and, in fact, can provide direction and guidance to events from your past that still need to be healed. Emotions without understanding can become consuming and destructive. Choices you make while feeling negative emotions usually lead to negative outcomes or chaos. As long as you are not sure if your inner guidance is based on your intuition or your emotions, you might consider trusting it for responses on what you should not do rather than responses on what you should do.

Exercises

Forgiveness is for past experiences. Every negative thought you have about past experiences means the memory of an experience is not healed yet. The easiest way to heal it is by saying out loud that you forgive the other person and yourself for what happened. For example: "I forgive this person for this incident" and "I forgive myself for my participation and need for the experience". You may have to repeat this several times to feel any difference. In the moment, it's not of major importance that you understand how you attracted or why you needed the experience, but that your new awareness is signaling that you are now ready to let go of the experience.

Release is about the present: Whenever you find yourself in a situation where negative emotions are being triggered, this could be that you are getting caught in a control drama or an indication that your emotional state is still volatile. In these circumstances, simply step back mentally from the situation and repeat to

yourself the word "Release" over and over. This is not about mindlessly repeating a word but what is important is your understanding of the fact that you have become aware of an unconscious or negative thought and by repeating this word you are choosing by shifting your consciousness. The definition of the word "release" helps you to facilitate the inner shift and program how to release attachments on many levels.

Affirmations are about the future: Affirmations are mental tools to reprogram the beliefs and limitations that shape your future. The most powerful affirmations are about being more conscious so they should always start with "I am ...". After you have clearly stated your affirmations you should release them and trust in the process that those affirmations, which are in alignment with your consciousness, will manifest. Writing down your affirmations is more powerful than just thinking about them while speaking your affirmations out loud is even more powerful again.

Lessons and challenges

The skeletons in your consciousness will only be revealed to you when you are ready to see them and have the tools to deal with them. The entire reality construct of the universe is a perfect divine machine based on the law of attraction. It's intending to nudge you to grow and expand your consciousness by pushing you into a state of discomfort while revealing the inner conflicts that must be resolved to transition through the challenges.

Learning the lesson

If you hear something, you might accept it. If you see something, you might believe it. However, it's only when you do something that you understand it. If you see it and believe it, you have knowledge. When you actually doing it, you gain wisdom.

Workshop 4: Manifesting your thoughts

Before being able to manifest your thoughts, you first need to break down the barrier between your subconscious and your conscious mind as described earlier in Workshop #3. The next step is to establish communication with your super-conscious mind, often referred to as your higher consciousness or higher self. Through your super-conscious mind you can gain access to a higher level of wisdom, insight and universal knowledge. Opening up this communication can occur throughout your journey on either the positive or negative spiritual paths. You can support this process through meditation and maintaining a state of inner peace as often as possible. The more you improve the communication between your conscious and your super-conscious mind, the more you will develop intuition and inner knowing. In turn, this allows you to trust more in divine intelligence, allow rather than control and release attachments.

Right or wrong, good and bad

We are taught from an early age about what is right or wrong. When looking at our life experience, it's often the situations where we experienced pain that pushed us to a higher level of awareness and understanding. This is because the experience forced us to become aware of something that challenges our beliefs or perspective. Even though this should not imply that pain is "good" it is a valuable catalyst to trigger positive change in a person's life.

Many people who have attained a certain amount of spiritual wisdom will confirm that it took a negative experience to shake them from their conforming life and that in hindsight they learned to appreciate the experience. Judging certain actions or circumstances as wrong or bad might just be a sign that you are lacking the insight about the potential for growth that has been embedded within the experience.

The most efficient way to transcend the need for unpleasant circumstances in your life and in the world is by being centered and present in the current moment. Being positive and loving will change your immediate surrounding automatically and this will have an effect on the people in your environment. Trying to change other people and their behavior involves initiating a control drama and will take you off this positive path.

Steps to manifesting your thoughts

Step 1: Accept that anything and everything is possible

Step 2: You must be able to think it

Step 3: You must believe that you can manifest it

Step 4: You must have faith that it will only occur if you are ready

Limiting thoughts and preprogrammed misbeliefs from your subconscious mind will become a block the ability to manifest a more positive reality. Belief in your ability to manifest takes time to build why you learn to heal the limitation of your own consciousness while realizing the unlimited potentials in the universe. Unbalanced or beliefs based on fantasy are the most likely to never manifest.

Faith is about having patience and letting go of any expectation or anticipation of a specific outcome. It is important to focus on the end result and not on every little detail along the way. Every manifestation has it's own method of entering your life. Focusing or expecting it to arrive in a specific way is one of the most common reasons why we do not see or allow the door to the manifestation to open.

The process of manifestation is blocked if there is a breakdown in any one of the 4 steps. We all manifest experiences according to our present state of consciousness, polarity, growth, healing and balance. All experiences provide us with the opportunity to make choices, which challenge us to grow, heal and balance.

The meaning of life

The search for the meaning of life is as old as time itself. In our search for this meaning, global consciousness started by turning to our external world. The first attempt was through religion, however, history has many people that religion was not the answer. We they turned to science, but found that science also did not provide the meaning of life. Most recently, we turned to the path of material gratification and self-fulfillment. Once again, we found this path to be hollow and formless without feeling any closer to a meaning for why we are here. The consequence of these three approaches failed has led us to what we are now experiencing as a spiritual conscious evolution where people are looking for answers from within themselves. The best way to see if this approach is suitable for you is by trying it out in your daily life and see if it works.

Video links and description:

[Workshop #1: Positive Manifestation](#)

First in a series of four ground-breaking Workshops that provide both the "Big Picture" and a detailed understanding of positive manifestation. The material presented in these workshops will define the relationship between energy, consciousness, harmonization, and manifestation. You will learn how to recognize and change destructive patterns, heal the past, and attract more positive people and experiences through a greater understanding of your experience. Participants have stated this material bridges the gap between the physical and metaphysical worlds. Ivan "Evon" Stein is a soon to be published author who has been a spiritual advisor, teacher and lecturer for over 15 years. Ivan is known for his ability to ground spiritual knowledge so that it can be understood and applied in the physical world.

[Workshop #2: Breaking Control Dramas](#)

Second in a series of ground-breaking Workshops that provide both the "Big Picture" and a detailed understanding of positive manifestation. Workshop #2 "Breaking Control Dramas" will provide a comprehensive understanding of how breaking control dramas can accelerate your ability to manifest positive experiences. You will learn the four basic control dramas, how to recognize them and how to rid them from your life. This workshop will answer the questions of why people use control dramas, where we learned them, why we get caught in them, and how to break them "permanently". You will be given exercises and tools that you can apply in every day experiences and see immediate results. You will also learn how we have been programmed from birth to use control dramas to take energy from others and why we can get drained of energy when we get caught in control dramas.

[Workshop #3: Learning From Experiences](#)

Third in a series of ground-breaking Workshops that provide both the "Big Picture" and a detailed understanding of positive manifestation. Workshop #3 "Learning From Experiences" will provide a detailed understanding of the blockages to positive growth and how to learn the spiritual lesson in every experience. You will learn how your thoughts and actions have attracted your experiences and how to reprogram your consciousness to break negative patterns. You will be given tools and exercises to assist in healing over past and present experiences. You will learn how to reprogram your thoughts and actions

in order to de-manifest negative experiences and manifest increasingly more positive experiences. This workshop will help you take quantum leaps in your personal and spiritual growth by gaining knowledge and wisdom from everyday experiences.

[Workshop #4: Manifesting Your Thoughts](#)

Fourth in a series of ground-breaking Workshops that provide both the "Big Picture" and a detailed understanding of positive manifestation. Workshop #4 "Manifesting Your Thoughts" will provide a detailed understanding of the relationship between your present thoughts and manifesting future experiences. You will learn how manifesting the positive will de-manifest the negative. This workshop will cover such topics as centering, meditation, dreams and visions, and self-evaluation. You will be given tools and exercises to accelerate the reprogramming of your consciousness and the ability to release at higher levels. You will learn the key to self-healing, the importance of visualization and affirmation, and techniques for centering and meditation. This workshop will teach you how to take an active role in manifesting your future experiences and fulfilling your highest purpose.